

Soft Power Generator II (soft commission for Weld)



Photo: Fredrik Wåhlistedt

Choreography: Matthias Sperling
Performance: Sybrig Dokter, Robert Malmberg, Per Sacklén, Caroline Byström, Disa Krosness
Recorded Sound: Joel Cahen

Developed 6-10 November, and first performed 12 November 2017
at Weld (Stockholm, Sweden)

Questions to support the practice of performance of Soft Power Generator II (with thanks to Deborah Hay):

What if my whole body as my teacher has the potential to conjure knowing in relation to everywhere that I am?

What if looping is an experience of finding out, both for myself and for my audience?

What if I invite being seen while laughing at my own serious intentions, even while those intentions remain serious? What if this adds support to my serious intentions?

What if everywhere that I am (including what I imagine, project, invent, what I can and cannot see) is nourishment for my whole body as my teacher, in looping?

What if my looping is an act of generosity towards all of the cells in the room, including mine?

What if my looping is a power generator?

Materials/parameters to support the expansion of your experience of the practice of looping:

what lights up
more momentum, less momentum
change of base
stirring up the whole space I am dancing in
setting in motion my perception of where I am
evolution of dynamic, rhythm, tonus
all of my cells as sensors, taking a reading
evolution in how I see/ where I direct my gaze
evolution of relationship with others
looping with no arms
glitch
the room for toughness, brightness, alertness, sharpness
geological time
being on top of the looping, not taken over by it
letting go of where I anticipate that my loop is going
curiosity
what if things that I perceive as fixed/boundaries/limitations become part of the nourishment?
plugging in
space holds/anchors

Score

Entering the field in a known sequence (Sybrig; Robert; Caroline and Per; Disa going to the looper and then to the group), looping begins in proximity, gradually accumulating around a place that arises for the first person as they enter.

Tuning the aliveness of the spaces between you, your synchronous looping includes space for micro-changes. After giving this time with the whole group, Robert and Disa begin the process of gradually *shifting* their timing in relation to Sybrig to towards and away, arriving in and then sustaining this new activation of the spaces between you.¹

From this ground, the possibility of *expanding* gradually arises. The expansion of your experience of your looping can include expansion in the articulacy and specificity of what you are reading in the feedback from your body as your teacher, and expansion in space towards a constellation that supports you.

The expansion into *constellation* opens the field up, increasing the fullness of your noticing the feedback from the question 'What if my whole body as my teacher has the potential to conjure knowing in relation to everywhere that I am?'. Constellation includes noticing a specific journey unfolding within the map of the wide range of possibility in both the individual and relational parameters of your looping². Walking to a new location and new set of relationships, used sparingly, responds to what lights up in the constellation.

As constellation progresses, you invite the possibility that the constellation may become mobile in space, with a memory of *conveyor* - a sense of shared mobilisation of a spatial zone. Throughout this time of expanding, constellation and conveyor, you aim to go to the looper and contribute a sound layer to the field at some point.

Approaching each other through conveyor, contact arises, signalling an opening toward *rafting*³. Gradually gravitating towards others, holding on allows you to come together, inviting a communication through a degree of shared weight. Rafting develops the potential to very gradually revolve in space slightly as a group. After this slight revolving, you notice the process of first weight and then touch draining out of the contact as slowly as possible, *hovering* in the communication between you.

From hovering, you expand into the fullness of noticing the feedback from the question 'What if my looping is a *power generator*?', noticing your perception of what and where needs charging up.

Awakening the articulacy and mobility of fingers and hands as *antennae*, you read and gather the resonance that has been generated, before choosing to exit by walking to a near edge of the field. Two people (Caroline, Per) remain in the field, activating the space between you and then noticing your looping gradually slowing as the lights and sound fade.

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¹ While Robert shifts his timing in relationship to Sybrig, Disa maintains her timing in relationship to Robert.

²For example, any one or several of the materials/parameters listed above.

³ Your practice of rafting as collective agreement is supported by arriving at a shared timing and gently sharing a modest amount of weight.